

## EDITORIAL

# How Can Be Harnessed Internet And Social Networking To Improve Allergic Asthma And Health?

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Allergic asthma is a chronic respiratory disease that characterized by recurring attacks of impaired breathing. Allergic asthma is more widespread in developed countries. Airway inflammation is an important feature of asthma and occurs simultaneously with increased bronchial hyper-reactivity (1, 2). Some new drugs representing novel modes of action have been introduced over the last 30 years. The goal of therapy is limitation the current impairment. Today these drugs could not cure allergic asthma perfectly and in some countries, complementary medicine has been used for cure and treatment of allergic asthma and some of these drugs or methods are very benefit and have very good effect to this. Genetic and environment factors governing the production of T cell cytokines and their actions on target cells. Specifically, following an allergic stimulus, inflammatory cell active and migrate to asthmatic airways and play a direct role in the chronic inflammatory events that lead to airway remodeling in allergic asthma. Therefore asthma is a very complicated problem that in this many molecules and cells have role (3, 4).

Allergic asthma is a main public health problem and the immunopathogenesis of allergic asthma is complex and multifactorial. Genetic, Epigenetic, Environment, individual and public factors have effect and play an important role to beginning, continue persistent, cure and recurrent of allergic asthma (5, 6). Prevention, recognition and treatment of asthma are necessary for all populations. Therefore, for treatment of asthma and prevention of recurrent, should be attention to all factors and correlation of these that are necessary for any action. All data about disease, recognizing, prevention, patient and medical personnel education, treatment (complementary and updated medical treatment) could be classified and showed in main source in internet to use all world people and this main source for all disease should be make separately. For this purpose, these steps and parts should be attention. For harness of Internet in health and hygiene, a network site should be designed that it will be a perfect, general and international and all of countries and governments support and apply this and enforce all of people and families with special laws to visit this monthly, give award and prize for people that do and apply programs and recommendations of this website. This site should be containing:

*A: public and general part for all of world people*

1. Increasing knowledge and information, reporting agents of health and disease
2. Correct using of food, drink, fruits and vegetables and benefits of these
3. Correct regulation of element that body needs these, Calorie of the food, program for obesity and emaciation
4. Animation for behavior and psychology education
5. Vaccination and Therapeutic program
6. General and special symptom of diseases, warning and guidance about of these
7. Accustom with specialist of diseases, health and respective centers
8. Creation of online web clinic in the specific groups and receiving Paraclinical information by online clinic physicians and Doctors

*B: Specialized part for physicians and personnel of the hygiene and treatment*

1. Prevention of disease prevalence and reporting of occurrence and other detection
2. Reporting of similar diseases and symptoms

3. explanation and presentation of drug types, use and forbid of these, side effects and other information and creation of online Pharmacy
4. Holding online schoolroom for health, hygiene, update information, recent news and new discovery and research

*C: Personal part*

1. Creation of health file, controlling and checking of these people monthly
2. Creation of disease files for each person by specialist and recording of all diagnosis, treatment and information of patient.

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